

Sizing Chart

The tables below will help you determine the correct size that you need to choose for your Prostar garments, Prostar socks or Linebreak compression garments. Simply choose the Prostar or Linebreak section and then find the correct height, weight, age, chest, waist, dress or shoe size and match that to the size drop down on the relevant product page.

Please note that Prostar sizes are designed to accommodate a generous fit. If you have any questions with regards to this please [contact us](#).

Prostar Garment Sizing	XS	SY	MY	LY	XS	S	M	L	XL	XXL
Height - cm	116 cm	128 cm	140 cm	152 cm	164 cm					
Age - years	5-6 yrs	7-8 yrs	9-10 yrs	11-12 yrs	13-14 yrs					
Jerseys, Tops, Shirts, Jackets - chest size - inches	24/26"	26/28"	28/30"	30/32"	32/34"	34/36"	38/40"	42/44"	46/48"	50/52"
Jerseys, Tops, Shirts, Jackets - chest size - cm	61-66 cm	66-71 cm	71-76 cm	76-81 cm	81-86 cm	86-91 cm	97-101 cm	107-112 cm	117-122 cm	127-132 cm
Women's Jerseys, Tops, Shirts, Jackets - UK Dress Size					8	10	12	14	16	18
Shorts, Trousers - waist size - inches	20/22"	22/24"	24/26"	26/28"	28/30"	30/32"	32/34"	36/38"	40"	42"
Shorts, Trousers - waist size - cm	51-56 cm	56-61 cm	61-66 cm	66-71 cm	71-76 cm	76-81 cm	81-86 cm	91-97 cm	102 cm	107 cm
Women's Shorts, Trousers - UK Dress Size					8	10	12	14	16	18